



TRACK SPEAKER

REFILOE NYONI

CEO
MINDFUL REVOLUTION



Refiloe Nyoni is a qualified Mindfulness facilitator and the CEO of Mindful Revolution. As she travels her own journey with mental health, she believes that we are all complete human beings-fallible and perfect, ever-evolving and ever-growing and that each part of us is a part of our authenticity and wholeness.

Refiloe previously served as the Head of Leadership Development Programmes at the South African Chapter of the International Women's Forum(IWFSA). She was also President of Young Leaders Connect, a programme of the IWFSA. Prior to these roles, Refiloe was a Project Manager for the Shanduka Foundation.

She joined Shanduka Group in 2008 initially working in the office of the Executive Chairman, Cyril Ramaphosa, as his Personal Assistant. In 2012, Refiloe graduated from the Strategic Leadership Programme at the Gordon Institute of Business Science and is a member of the Common Purpose Graduates International Network.